Help Me Start Kindergarten
Ready to Learn!

For a Smart Start in kindergarten, help me:

Social and emotional development
- Work and play cooperatively with peers, be non-disruptive, take turns, respect others, and share
- Be able to work alone
- Resolve conflicts appropriately
- Follow simple rules and directions
- Express emotions in an appropriate manner
- Demonstrate enthusiasm and curiosity when approaching new activities
- Participate successfully in circle time, listen, focus, and be engaged
- Relate appropriately to adults other than parent/caregiver

Communication and literacy
- Use communication that can be understood by others
- Listen and understand what is being said or requested by others
- Ask for help
- Communicate wants and needs
- Use words, drawings, and writing to express a meaningful experience
- Look at pictures, then tells stories
- Understand and interpret a story or other text read to me

Cognitive development and general knowledge
- Count 10 objects
- Match items
- Make meaning of patterns
- Show curiosity and a desire to learn

Self-care skills
- Manage small items such as crayons, paintbrushes, buttons, zippers, etc.
- Ask for help when needed
- Take care of personal belongings
- Use the toilet independently
- Perform self-care tasks: dressing, eating, washing hands, and covering mouth when coughing/sneezing

Physical well-being and motor development
- Appear physically healthy, well-rested, and nourished
- Manipulate materials such as a pencil, crayon, table block, scissors, eating utensil, and puzzle pieces
- Move with balance and control